

annual report

FY 2025



mid-plains
CENTER



ABOUT MID-PLAINS CENTER

Mid-Plains Center for Behavioral Healthcare Services, Inc. (Mid-Plains Center) is a non-profit, COA accredited, behavioral health organization. For over 50 years, Central Nebraskans have turned to Mid-Plains Center for quality, affordable behavioral health services. Established in 1971 as Mid-Nebraska Community Mental Health Center, Mid-Plains Center has expanded in the last 10 years to include a full range of behavioral services including prevention, treatment, crisis intervention, and aftercare services.



MISSION

Mid-Plains Center exists to strengthen & support the wellness & recovery of our communities.



VISION

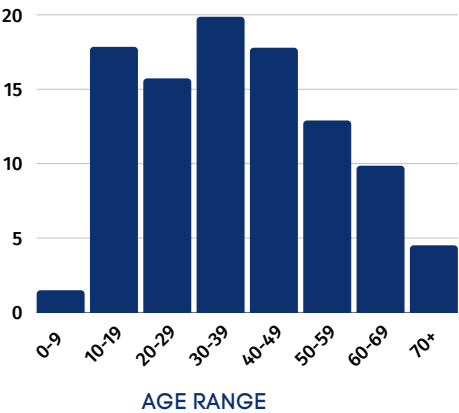
An effective & responsive behavioral health system that is fully-equipped to meet the needs of our communities.



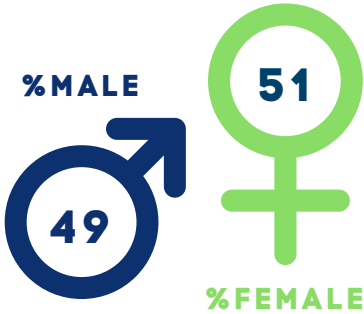
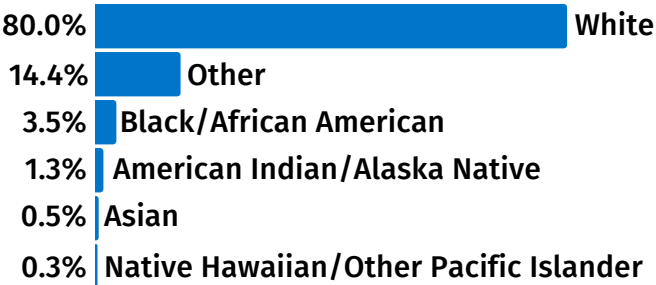
VALUES

- Integrity
- Excellence
- Collaboration
- Impact
- Community-Focus

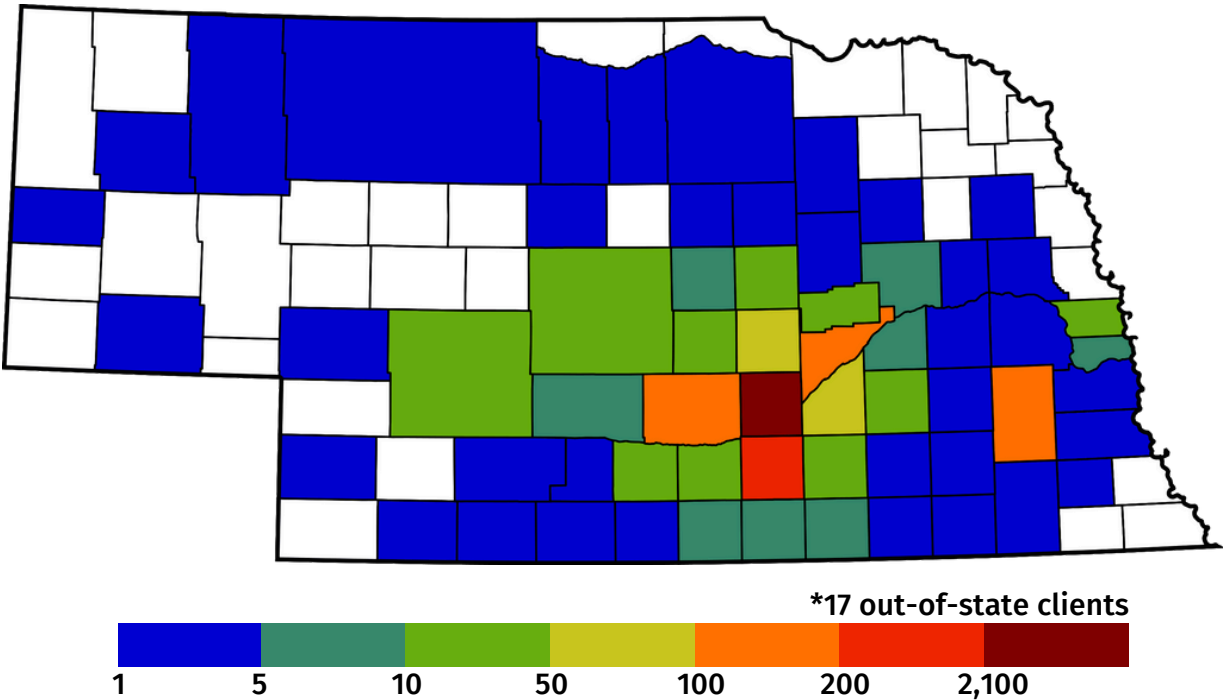
OUR CLIENTS' DEMOGRAPHICS



RACE



COUNTY OF RESIDENCE



OUTPATIENT CLINIC SERVICES

CLIENTS SERVED BY PROGRAM

511

Adult Mental Health/Substance use

105

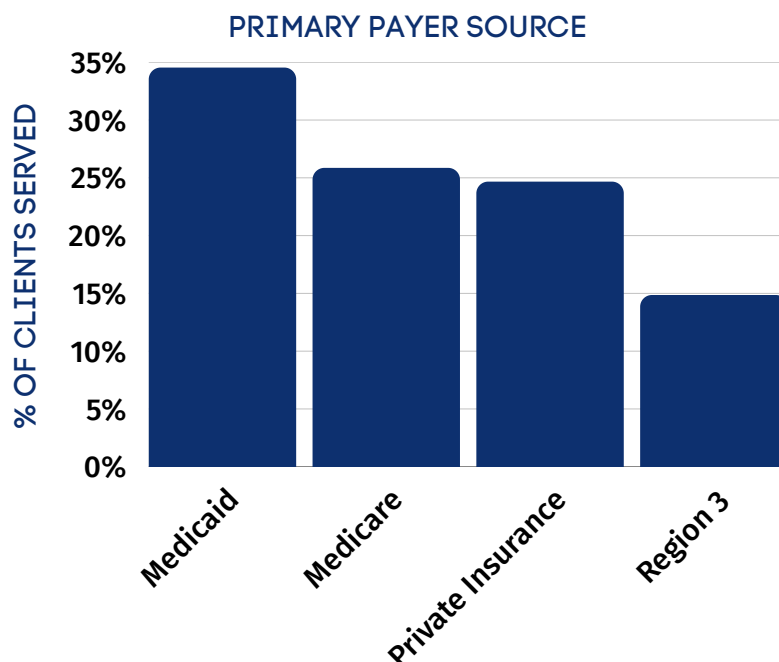
Child/Youth Mental Health

2013

Adult Medication Management

264

Child/Youth Medication Management



**446 SESSIONS
TRANSLATED BY
STAFF**

CRISIS STABILIZATION UNIT

1076 ADULT RISK ASSESSMENTS COMPLETED

158 YOUTH RISK ASSESSMENTS COMPLETED

RISK ASSESSMENT OUTCOMES

54%

CSU ADMISSION
(SUBSTANCE USE)

13%

CSU ADMISSION
(MENTAL HEALTH)

12%

VOLUNTARY
ADMIT TO HIGHER
LEVEL OF CARE

7%

OUTPATIENT
THERAPY & MED
MANAGEMENT

6%

OTHER COMMUNITY
SERVICE

4%

OUTPATIENT
THERAPY

2%

MEDICATION
MANAGEMENT

2%

HOSPITAL/E.R.

<1%

LEFT BEFORE
ADMISSION

<1%

MEDICAL
APPOINTMENT

<1%

EMERGENCY
PROTECTIVE
CUSTODY

<1%

LAW ENFORCEMENT

CRISIS STABILIZATION UNIT



BED DAYS USED

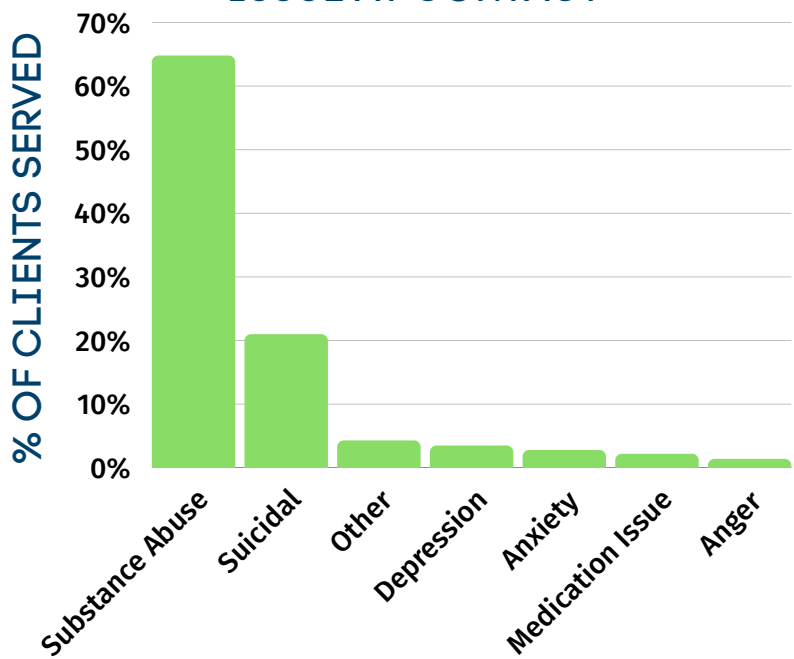
1,495

SUBSTANCE
USE BEDS

827

MENTAL
HEALTH BEDS

ISSUE AT CONTACT



1,137
Client Calls
Taken

5,907
Miles Driven
(233 Clients)

MULTISYSTEMIC THERAPY



**136 YOUTH
DISCHARGED FROM
PROGRAM**

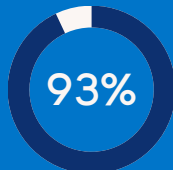


91%

**PERCENT OF CASES THAT
COMPLETED TREATMENT**

**AVERAGE DURATION
OF TREATMENT 119 DAYS**

PERCENT OF YOUTH...



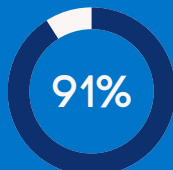
93%

REMAINED IN HOME



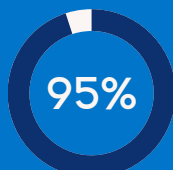
94%

**REMAINED IN
SCHOOL/WORKING**



91%

**IMPROVED FAMILY
RELATIONS**



95%

**EXPERIENCED NO NEW
ARRESTS**



www.midplainscenter.org