

annual report

FY 2023



mid-plains
CENTER



ABOUT MID-PLAINS CENTER

Mid-Plains Center for Behavioral Healthcare Services, Inc. (Mid-Plains Center) is a non-profit, COA accredited, behavioral health organization. For over 50 years, Central Nebraskans have turned to Mid-Plains Center for quality, affordable behavioral health services. Established in 1971 as Mid-Nebraska Community Mental Health Center, Mid-Plains Center has expanded in the last 10 years to include a full range of behavioral services including prevention, treatment, crisis intervention, and aftercare services.



MISSION

Mid-Plains Center exists to strengthen & support the wellness & recovery of our communities.



VISION

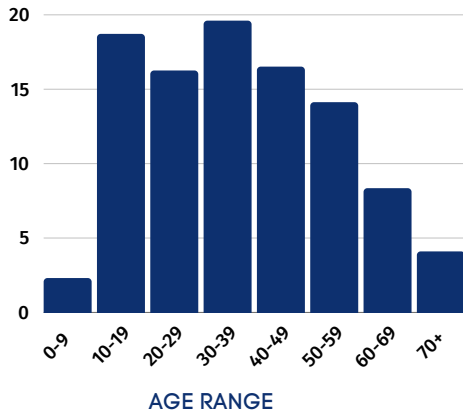
An effective & responsive behavioral health system that is fully-equipped to meet the needs of our communities.



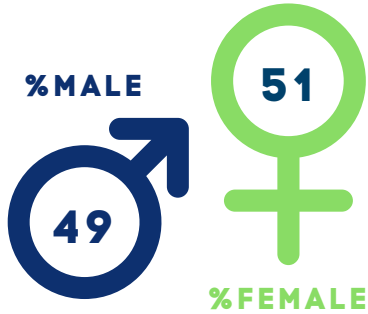
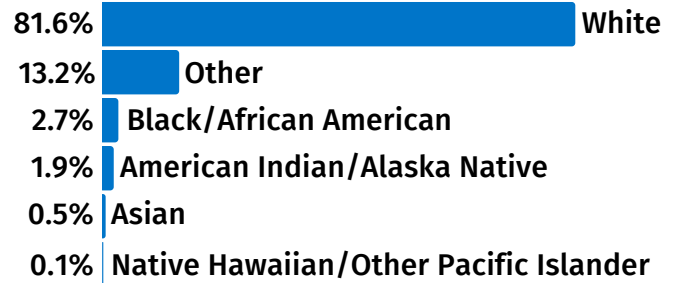
VALUES

- Integrity
- Excellence
- Collaboration
- Impact
- Community-Focus

OUR CLIENTS' DEMOGRAPHICS

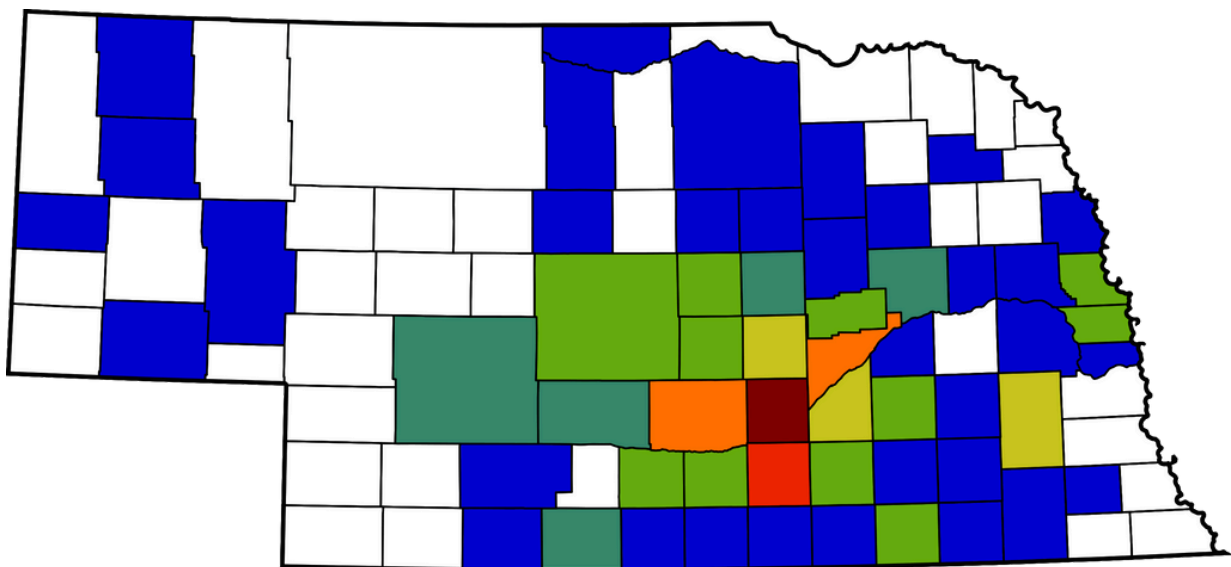


RACE



ETHNICITY

COUNTY OF RESIDENCE

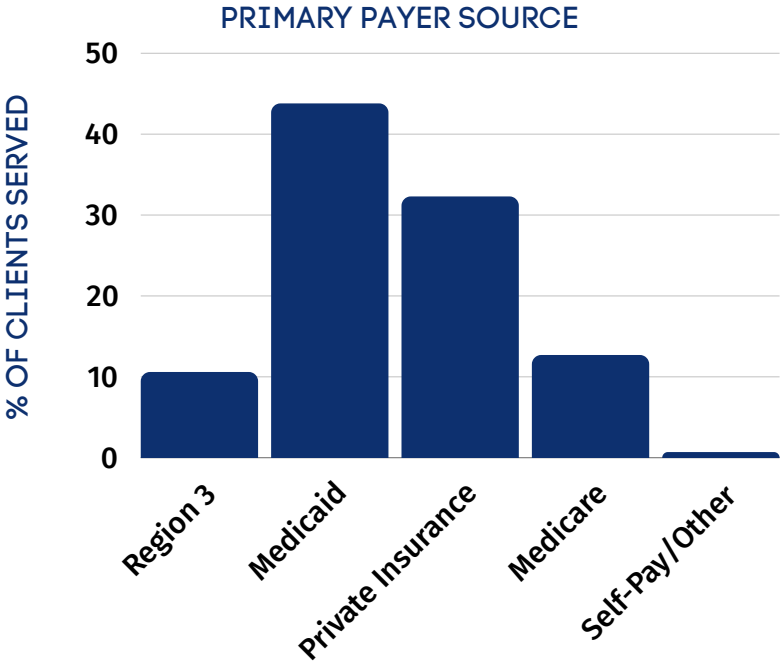
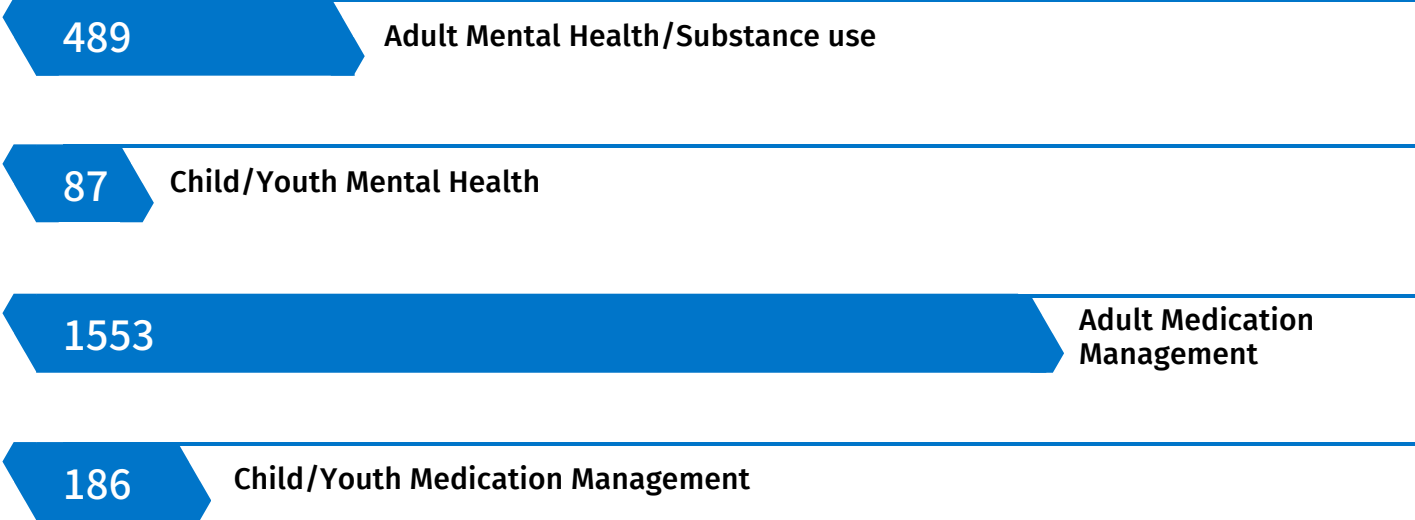


*16 out-of-state clients



OUTPATIENT CLINIC SERVICES

CLIENTS SERVED BY PROGRAM



**291 SESSIONS
TRANSLATED BY
STAFF**

CRISIS STABILIZATION UNIT

804 ADULT RISK ASSESSMENTS COMPLETED

264 YOUTH RISK ASSESSMENTS COMPLETED

RISK ASSESSMENT OUTCOMES

45%

CSU ADMISSION
(SUBSTANCE USE)

12%

CSU ADMISSION
(MENTAL HEALTH)

15%

VOLUNTARY
ADMIT TO HIGHER
LEVEL OF CARE

6%

OPEN ACCESS
APPOINTMENT

6%

OUTPATIENT
THERAPY & MED
MANAGEMENT

6%

OTHER COMMUNITY
SERVICE

5%

OUTPATIENT
THERAPY

2%

HOSPITAL/E.R.

1%

LEFT BEFORE
ADMISSION

1%

MEDICATION
MANAGEMENT

1%

MEDICAL
APPOINTMENT

1%

LAW ENFORCEMENT
OR EPC

CRISIS STABILIZATION UNIT



BED DAYS USED

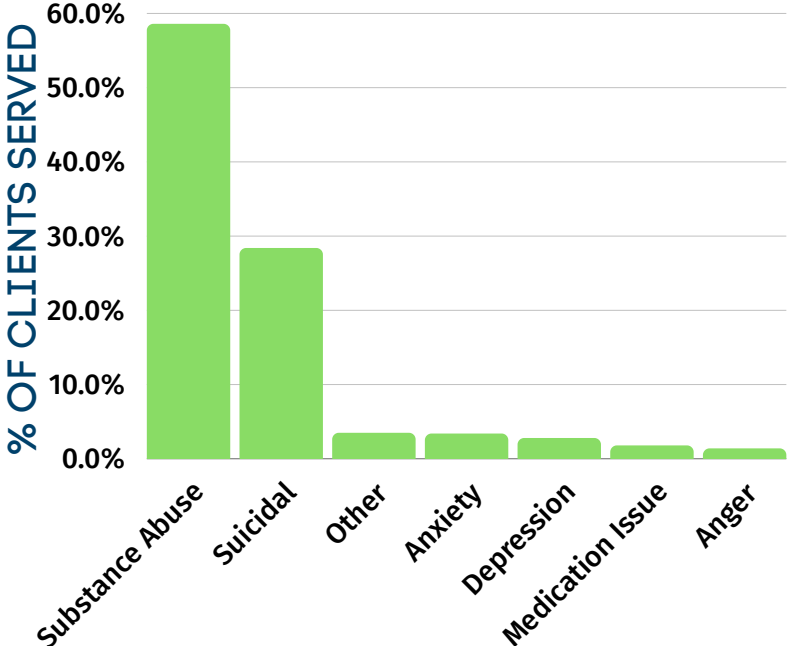
1,468

SUBSTANCE USE BEDS

1,420

MENTAL HEALTH BEDS

ISSUE AT CONTACT



1,236

Client Calls Taken

12,850

Miles Driven
(334 Clients)

246

Group Sessions Held
(1481 Clients)

MULTISYSTEMIC THERAPY



**111 YOUTH
DISCHARGED FROM
PROGRAM**

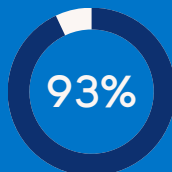


5.0

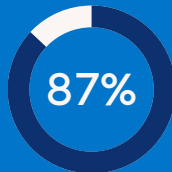
**AVERAGE NUMBER OF
FAMILIES SERVED PER
THERAPIST**

**AVERAGE DURATION
OF TREATMENT** **131 DAYS**

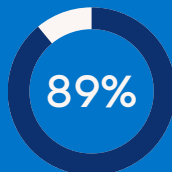
PERCENT OF YOUTH...



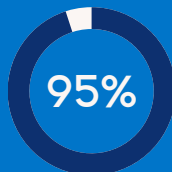
REMAINED IN HOME



**REMAINED IN
SCHOOL/WORKING**



**IMPROVED FAMILY
RELATIONS**



**EXPERIENCED NO NEW
ARRESTS**

YOUTH TRANSPORTATION PROGRAM

41

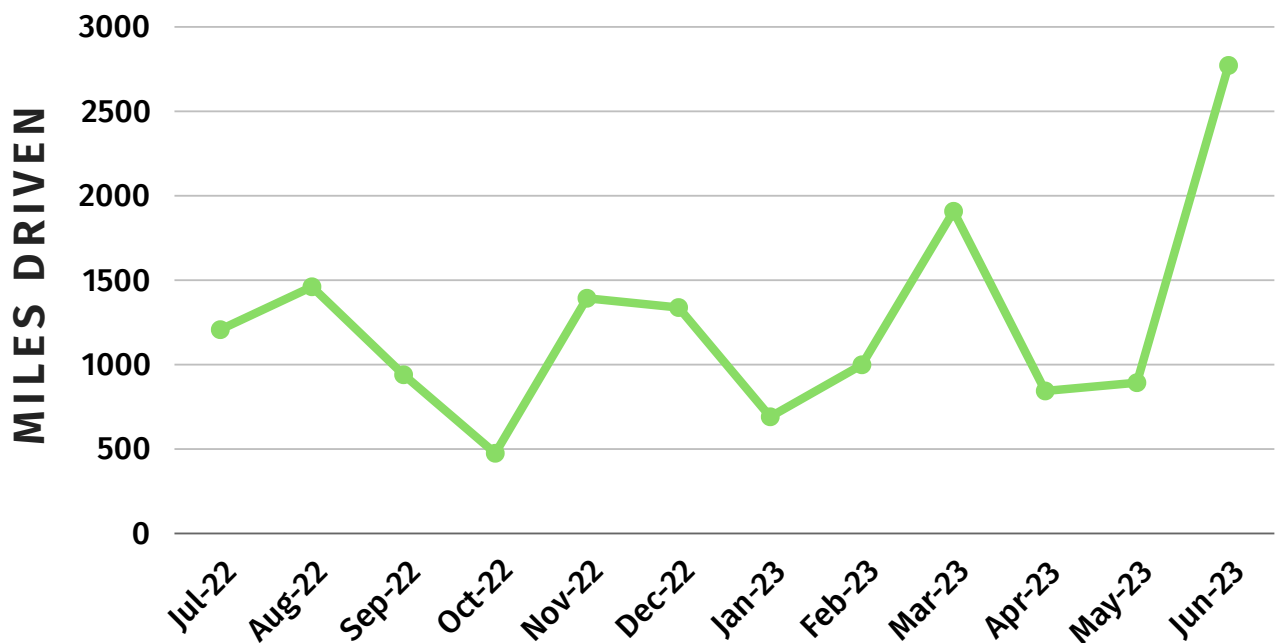


YOUTH
TRANSPORTED



252

TRANSPORTS COMPLETED





www.midplainscenter.org