



Mid-Plains Center
for Behavioral Healthcare Services, Inc.

ANNUAL REPORT FY2019

ABOUT MID-PLAINS CENTER

Mid-Plains Center for Behavioral Healthcare Services, Inc. (MPC) is a non-profit, COA accredited, behavioral health organization. For nearly 50 years, Central Nebraskans have turned to Mid-Plains Center for low-cost behavioral health services. Established in 1971 as Mid Nebraska's Community Mental Health Center, Mid-Plains Center has expanded to include a full range of services including prevention, treatment, crisis intervention and evidence-based practices.

VISION STATEMENT

Mid-Plains Center will be seen as a leader in the development of high quality, innovative, and cost-effective behavioral healthcare services. Services will be designed to meet the needs of the community, based on input received from clients, stakeholders, and our most valuable resources, our employees.

VALUE STATEMENT & GUIDING PRINCIPLES

Mid-Plains Center embraces the guiding principles of investing for results and outcomes, changing attitudes, building partnerships, committing to quality, and working on a common goal to assure that there will be access to individualized treatment and recovery. We will do this by treating people with respect and dignity, providing services that emphasize hope and optimism, are family and consumer-centered, are strength and recovery-based, and are culturally competent and affirmative. Community values are embraced, consumer involvement is expected, self-determination is respected and support services are designed to meet the needs of the individual. We value a competent workforce and endorse both promising and evidence-based practices in the service delivery system.

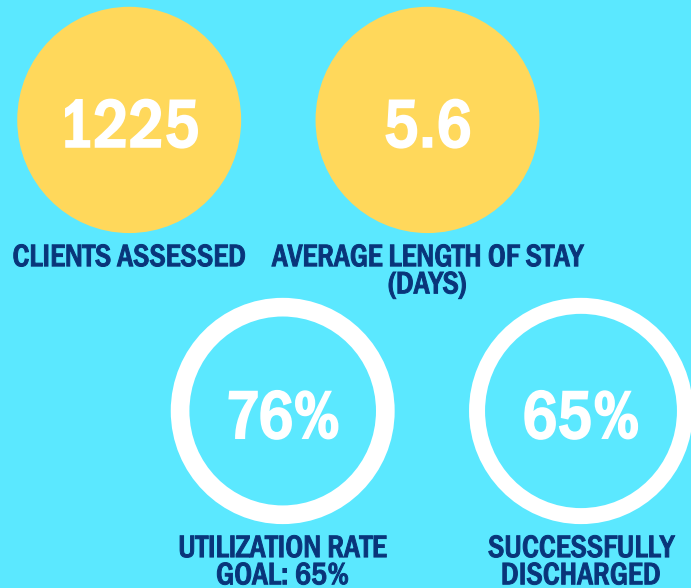
YOUTH TRANSPORTATION PROGRAM



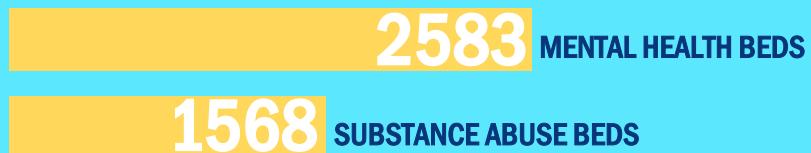
MILES DRIVEN BY MONTH



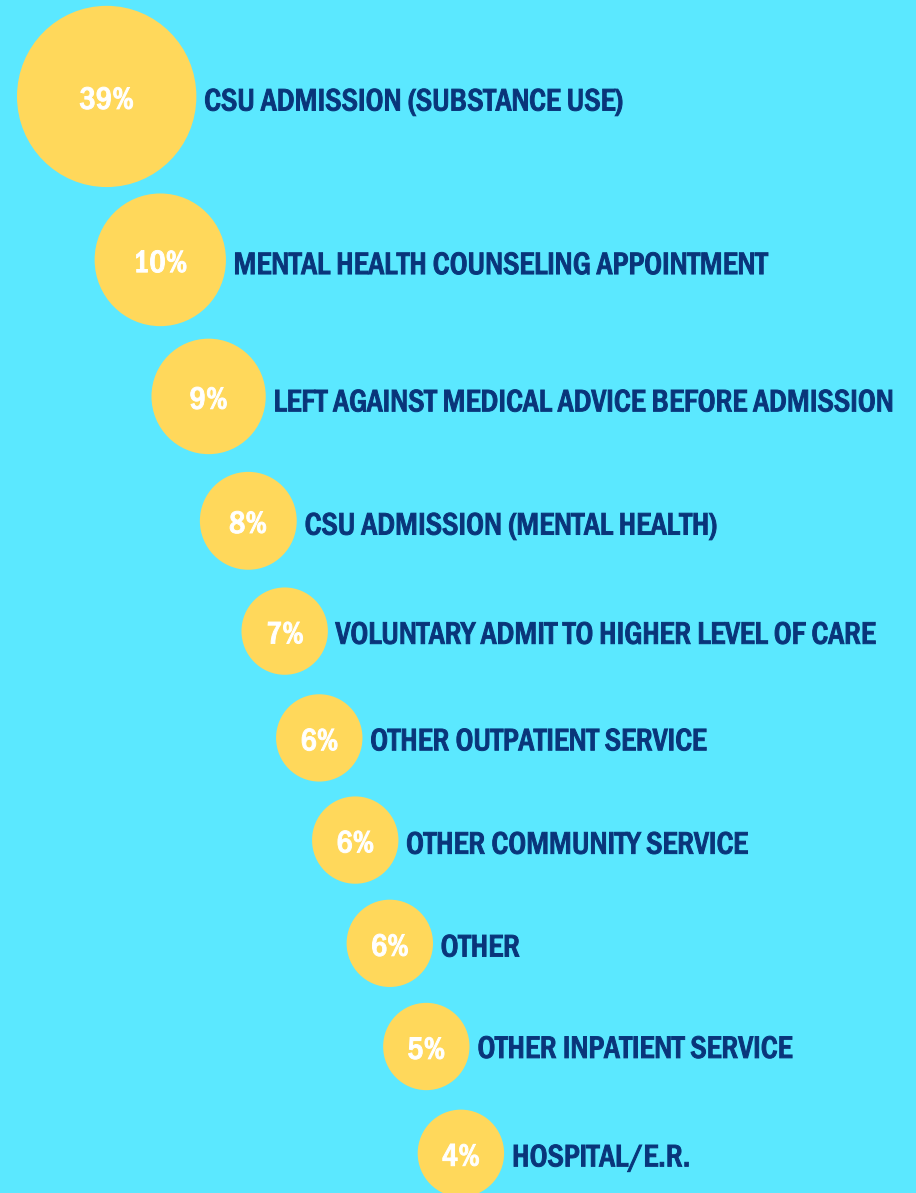
CRISIS STABILIZATION UNIT



BED DAYS USED

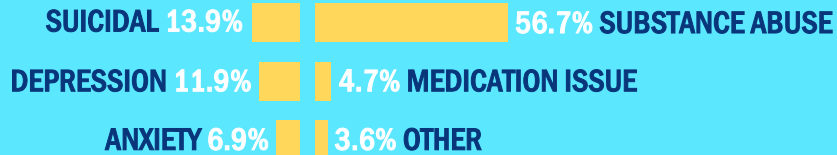


RISK ASSESSMENT OUTCOME



CRISIS STABILIZATION UNIT (cont.)

ISSUE AT CONTACT



CALLS TAKEN/REASONS FOR CALLS



396 GROUP SESSIONS PERFORMED

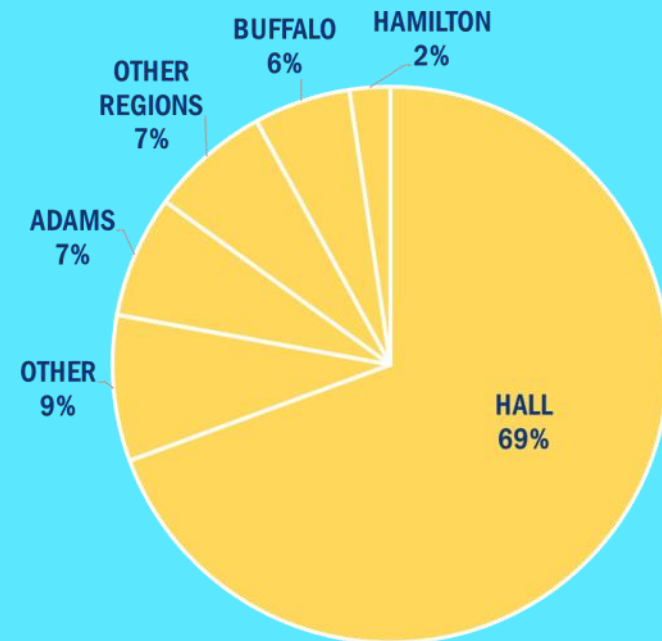
3345 CLIENTS SERVED

388 HOURS

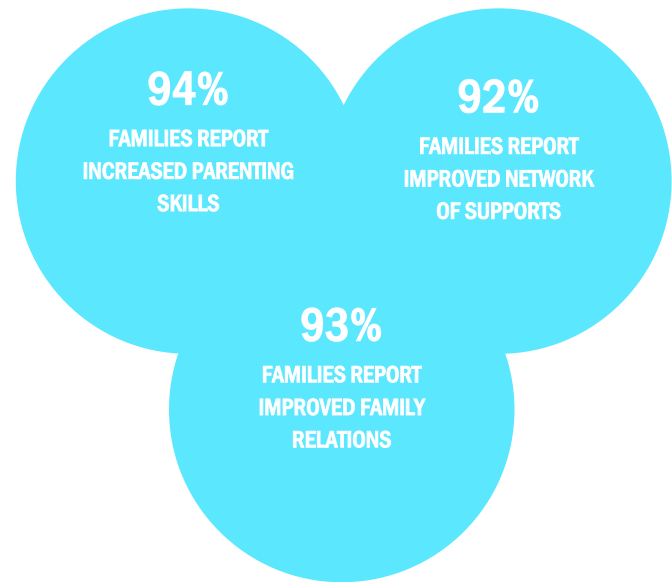
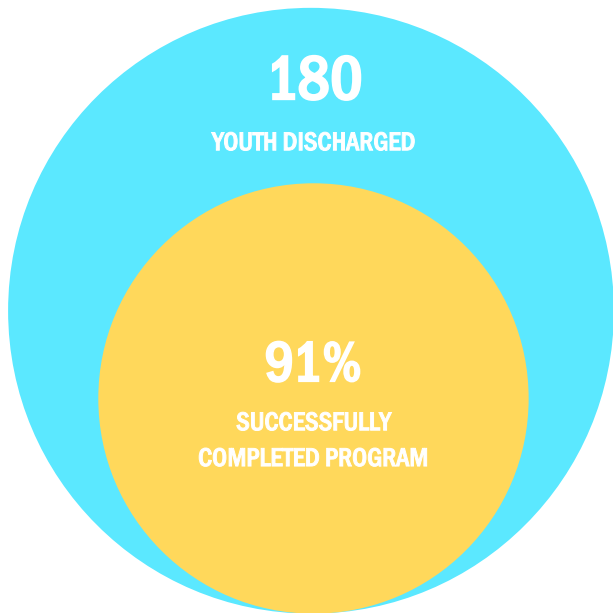
REFERRAL SOURCE

1134 SELF REFERRED
380 FAMILY/FRIEND
194 LAW ENFORCEMENT
175 SCHOOL
173 PROFESSIONAL
92 PROBATION/PAROLE
22 OTHER

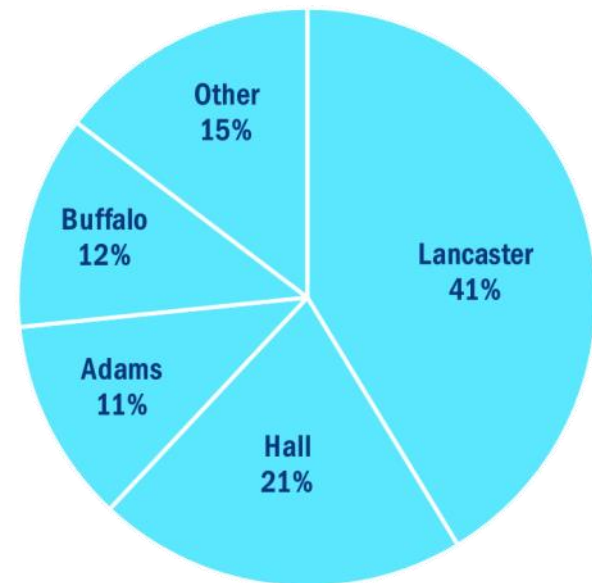
COUNTY OF RESIDENCE



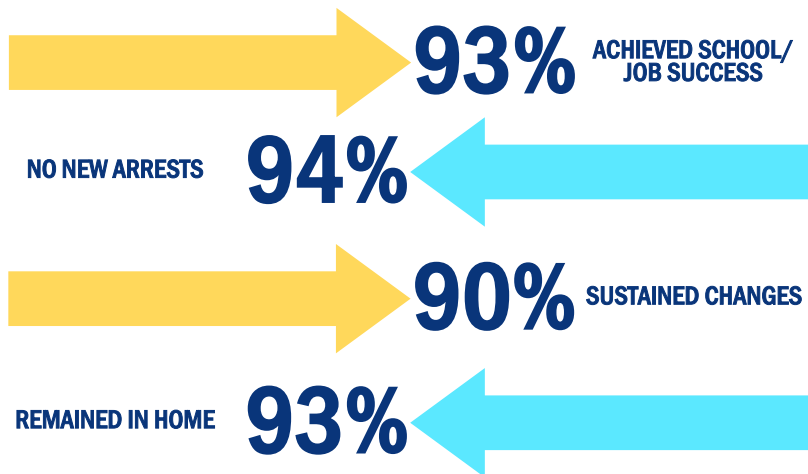
MULTISYSTEMIC THERAPY



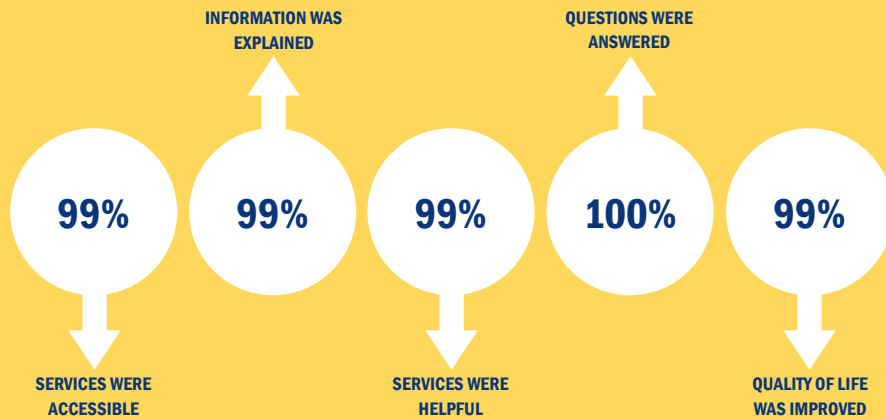
117 DAYS AVERAGE DURATION OF TREATMENT



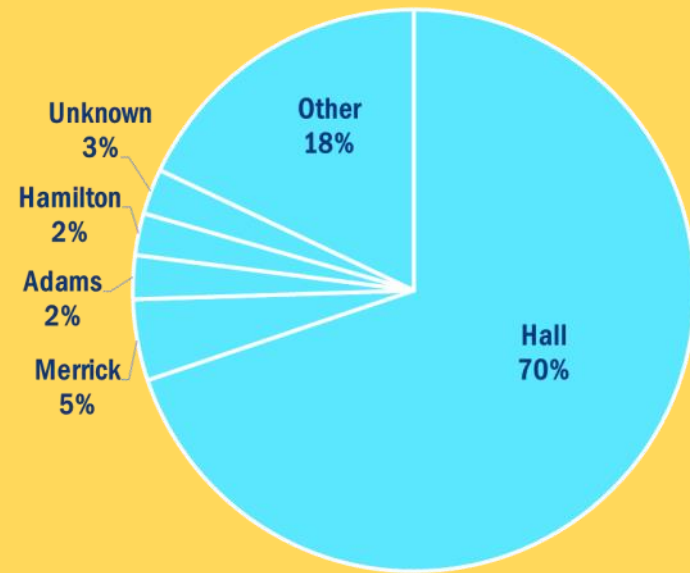
COUNTY OF RESIDENCE



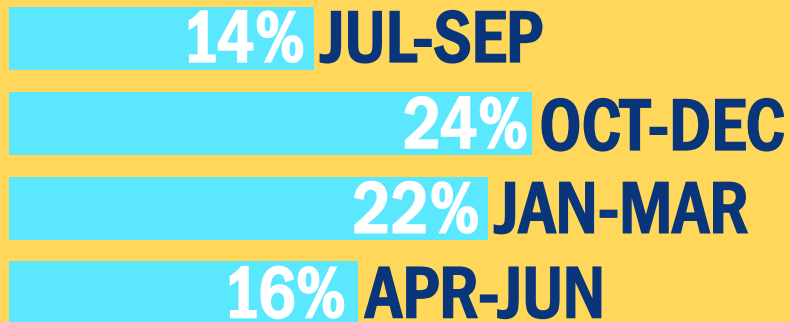
OUTPATIENT CLINIC SERVICES



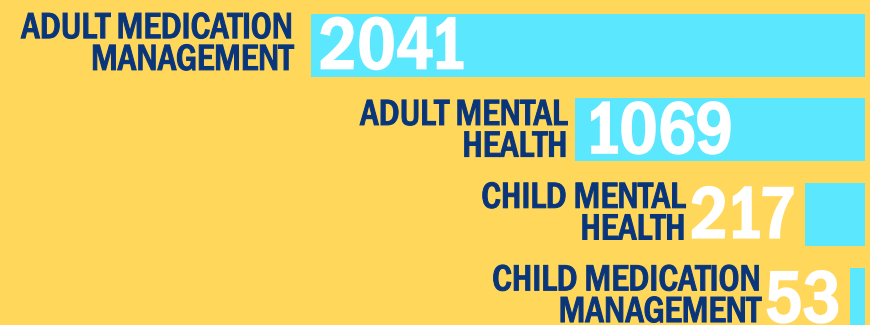
COUNTY OF RESIDENCE



APPOINTMENT NO-SHOW AND CANCELLATION RATES



CLIENTS SERVED BY PROGRAM



ADULT PROBATION GROUPS

PRE-TREATMENT GROUPS



ANGER MANAGEMENT GROUPS



WOMEN'S DIALECTICAL BEHAVIOR THERAPY GROUPS

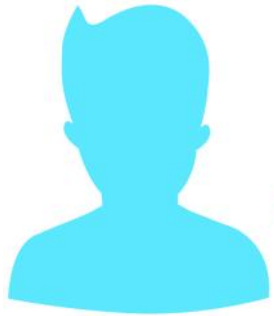


MEN'S DIALECTICAL BEHAVIOR THERAPY GROUPS



STAKEHOLDER SURVEY RESULTS

CLIENT CONFIDENTIALITY WAS RESPECTED

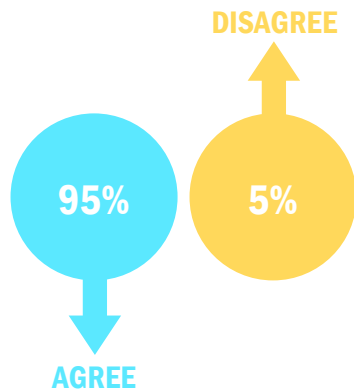


100%
AGREE

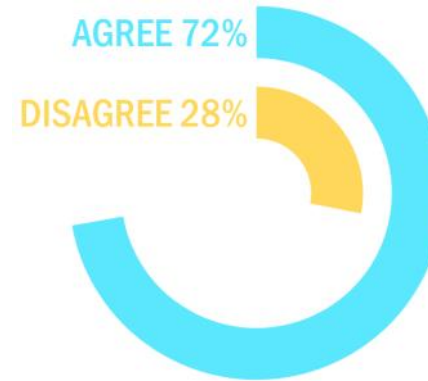
SERVICE SCREENING WAS PROMPT



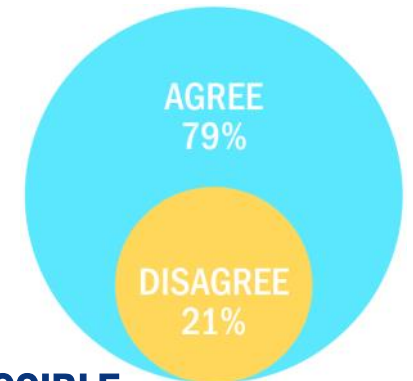
SERVICE REFERRAL INFORMATION WAS KNOWN



WAITING PERIOD WAS REASONABLE



CULTURALLY SENSITIVE SERVICE WAS PROVIDED



SERVICE WAS ACCESSIBLE



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